



**How To Add Years To Your Life:
Winning The War Against Worry**
Matthew 6:25-34

1. Worry's _____ (v. 25).
2. Worry's _____ (v. 26-32).
 - A. _____
 - B. _____
 - C. _____
3. Worry's _____ (v. 33-34).
 - A. _____!
 - B. _____!
 - C. _____!

*When we take care of His stuff,
He takes care of our stuff.*

2 Corinthians 10:4 - 5

*"There's no use worrying over what you have control over,
because if you have control over it,
there's no use worrying about it.*

*There's no use worrying about what you don't have control over,
because if you don't have control over it,
there's no use worrying about it."*